

### *Just Dance*

Make a dance routine with a family member or follow a Disney Just Dance routine on YouTube.



# Class Barley's PE challenges!



### *Skip- a- thon*

How many skips can you complete in 2 minutes? Have a 5 minute rest and then try again. Can you beat your score?



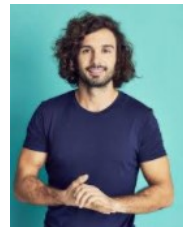
### *Gymnastics*

<https://lancashireschool-games.co.uk/create-gymnastic-activities-sequence/>

Follow the link to create a sequence of travel, balance, travel, balance, travel.

### *PE with Joe Wicks*

Try PE at home with Joe. He still has videos available on YouTube.



### *Football skills*

Practise your dribbling skills using a football. Use cones or objects to dribble the ball in and around.

