

### **Before you begin.**

Before you begin to read, look at the front cover and read the title of the book. Ask your child what they think they might already know about the girl on the cover.

### **Consider these questions**

What is her name?  
Who is the blue squiggle?  
How does she feel?  
What will happen in her story?

### **Listen and Enjoy**

Listen to the Story 'Ruby's Worry'  
<https://www.youtube.com/watch?v=9lhhCq44ar8>

### **Being Happy.**

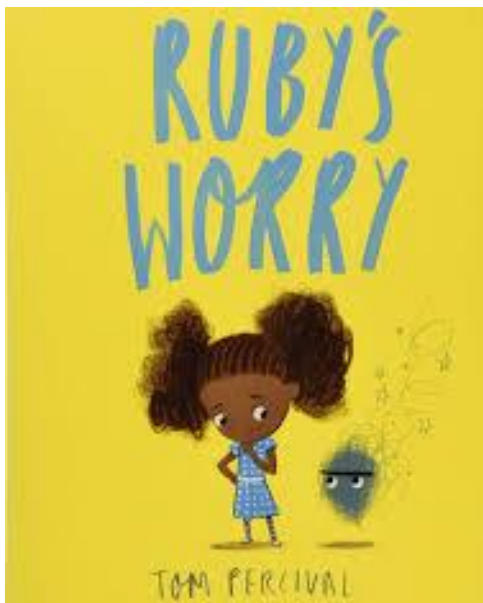
Look at the drawings of ruby doing the things she enjoys. How does she feel? Draw a picture of something that you enjoy doing . when you have finished you could try doing some of the things.

### **What does your worry look like?**

Ruby's Worry is yellow. The little boys worry was blue. Everyone' worries look different. What does your worry look like? Draw him on some paper.



## Ruby's worry Transition



Reaching the end of a school year can be a worrying time for children (especially this year) They are often nervous about starting a new class or getting a new teacher. It is important to talk about these worries with your children and help give them strategies to manage their worries.

When following links online, parents should monitor that children are remaining on that page only and are keeping safe online.

### **Daily phonics**

Try and practice your phonics every day.  
[www.youtube.com/channel/UCo7fbLgY2oA\\_cFCI9Gdx](https://www.youtube.com/channel/UCo7fbLgY2oA_cFCI9Gdx)

### **Carry on Counting**

Practice your counting daily. Count forwards and backwards to 30 for reception and up to 100 for Year 1. ( Year 1 remember to count in 2's, 5's and 10's)

### **Number Blocks.**

Watch an episode of Number blocks. Follow the link below or find watch it on YouTube.

<https://www.bbc.co.uk/iplayer/episodes/b08bzfnh/numberblocks>

### **Games Galore**

Practice your maths skills with some Top Marks games.

[www.topmarks.co.uk/maths-games/3-5-years/](http://www.topmarks.co.uk/maths-games/3-5-years/)

### **How does Ruby fix her worry?**

Take 5 minutes to talk about how Ruby solves her worry? She talks about it with a friend. How else can you fix your worries? Writing it down? Talking to an adult? Drawing a picture? Finding an activity, you enjoy?

### **Charades**

Play feeling charades, choose a feeling and your partner your feeling by moving your dace and body. Can they guess how you feel?

Happy  
Sad  
Angry  
Surprised etc